NEWSLETTER

June 2026 www.acaringheartinc.com

1901 TARBORO ST. SW,
SUITE 207
WILSON, NC 27893-3479

A CARING HEART
CASE MANAGEMENT, INC.

NATIONAL SAFETY MONTH
JUNE

©2026 A Caring Heart Case Management, Inc.

CONTENTS

Table of Contents

Jordan Graduates pg01

Bronze Medal pg02

June Is National Safety Month pg03

Poem: Wendy Alexander pg04

Fireworks and Animals pg05

Call to Action pg06

Jordan Graduates

There have been many milestones in Jordan's life, and his recent triumph was his graduation from Pitt Community College. That was a huge accomplishment. Jordan is a consumer in the Pitt County office on Memorial Drive in Winterville.

Jordan went to the career academy at Pitt Community College. He learned job skills and life skills as part of the curriculum. He often brought home math work and worked on the computer to reach his goals to graduate.

Jordan admits going to college every day was not always fun. There were challenges along the way. Sometimes he just didn't feel like going. Kari, his mother and guardian, did her best to keep him motivated. "I used positive words to keep him going," Kari said. "I reminded him it wouldn't be that much longer."

And the whole family is happy about the results.

"Now Jordan can say he is a college graduate," Kari said smiling. "He stuck through. He didn't exactly enjoy going every single day. But he stuck it out. In life, we have to do that sometimes."

Now Jordan is a part of the workforce, working at Injoy, a non profit thrift store in Greenville. Right now Jordan works part-time. "I plan on asking them for more hours," Jordan said. "I like getting a paycheck."

Bronze Medal

Jordan and his team brought home the Bronze Medal from Special Olympics NC Summer Games in Raleigh!

Special Olympics

National Safety Month

June is National Safety Month, established in 1996 by the National Safety Council to reduce injuries and death in the workplace and at home.

The Safety Council reported that in 2023, there were nearly 223,000 preventable injury-related deaths in the workplace. An estimated 107,800 people die from preventable home injuries each year and up to 30.2 million people require medical attention due to home accidents.

Companies should have procedures in place promoting workplace safety, which might include topics such as slips, trips, and falls; promoting proper posture and equipment positioning; fire safety and emergency preparedness; machine and tool safety; personal protective equipment; hazardous materials; and workplace violence.

Safety measures for your home include:

- Keep doors and windows locked for physical security and intrusion prevention.
- Use exterior lighting and make sure house numbers are visible to emergency personnel.
- Secure tools and ladders in a locked area.
- Hide deliveries to discourage theft.
- Use fire and carbon monoxide detectors, checking them monthly and replacing batteries annually.
- Keep dishtowels and other flammable items away from your stove top.
- Remove clutter, extension cords, and scatter rugs from stairways and high-traffic pathways for hazard and fall prevention. Place nonskid mats in the tub and on the bathroom floor.
- Store cleaning supplies, medications, and chemicals in high or locked cabinets.

Safety is everyone's responsibility, both at work and at home.

Poem

By Wendy Alexander
RAP in Jacksonville

Every employee at A Caring Heart should have one. If you do not, get out; don't apply. If you are here and your heart burns out, tires easily, is impatient, changes course, you can't or won't seek help; then find another profession. My son did not ask for his extra chromy. This population of consumers deserve acceptance and joy just as we do. They should be shown the utmost respect and dignity we can offer them. Too many good employees here have been fired or driven out for whatever reason. Maybe some need to rethink why we are really here at this place, and what kind of difference WE made TODAY for the good in that persons' life.

Jacob
One of our wonderful consumers in Jacksonville

Fireworks and Nature

This year the 4th of July could be the biggest celebration we see in our lifetime, with this year being the 250th remembrance. Fireworks are how many cities end the day's celebration. The lights are just beautiful.

But you may notice your pets are not as happy about the loud unnatural sounds and unexplained lights. Studies show that about 50 percent of dogs are afraid of fireworks. You may notice your pooch trying to run and hide, hide, shake or whimper. You may understand what is going on, but they don't.

Pyrotechnics are also hard on wildlife. Wildlife experts say the noise makes animals' heart rates soar, triggers panic responses and they resort to fleeing. Birds and other small mammal parents sometimes abandon their nests, leaving their defenseless babies behind.

Many times heavy metals and castings are mistaken for food by wildlife. Those metals can be harmful and not digestible. If the debris gets in water, it can make water unsafe for wildlife to drink. In some places, pieces can land in wooded areas, causing fires.

Here are some helpful hints experts say can help:

- Only set off fireworks between 7 and 10pm
- Cover birdfeeders and birdbaths before lighting fireworks. Hopefully birds will be discouraged from being in the area. With birdbaths covered, it can prevent debris from falling in birdbaths.
- Do not use fireworks near trees or other areas where wildlife might live.
- Clean up all firework residue promptly and thoroughly.
- Use low-noise fireworks and encourage others to do the same thing.

📞CALL TO ACTION 🌟

ACHCM Newsletter belongs to you (consumers, staff, consumer families).

Please feel free to contribute and be seen.

Send us: ✉️

1. Your artwork 🖼️
2. A poem you have written 🖊️
3. An article expressing your point of view📝
4. Pictures of you and special moments🌆
5. Supervisors - a shout out to an employee who has done a great job.💁‍♀️🙋
6. Your favorite recipe 🥘
7. Your favorite joke 🙃

📧 Jcknoxpublicrelations@gmail.com

Subject: ACHCM Newsletter Submission 📰

🌟 We love to see you shine. 🌟

Carol Choate: **publisher**

Janet Conner-Knox: **editor**

Janelle Clevinger: **writer**

Charles W. Robinson: **graphics**

A CARING HEART
CASE MANAGEMENT, INC.